



CANYON FALLS

MIDDLE SCHOOL

1211 Frost Rd, Kelowna, BC V1W 5M1 250 870-5123

Week at a Glance: January 15 - 19, 2024

Monday – Jan 15	- Beginning Band 8:00 - 8:50 am - Power Hour (Learning Commons) 8:15 - 8:50 am - CMS Diversity Club in Dragonfly community (room 304) at lunch
Tuesday – Jan 16	- Intermediate Band - 8:00 - 8:50 am - Hot Lunch (Mucho Burrito) - Power Hour (Learning Commons) 3:20 - 4:00 pm - Kitchen Brigades 4:00 - 6:00 pm
Wednesday – Jan 17	- Enrichment 2 begins - PAC Meeting 6:30 pm (in the Bald Eagle Community)
Thursday – Jan 18	- Beginning Band 8:00 - 8:50 am - Hot Lunch (Papitos Pizza)
Friday – Jan 19	- Spirit Day - Intermediate Band 8:00 - 8:50 am - Band Fundraiser Pizza Day

Upcoming Dates

- Feb 2 Exploratory 3 ends
- Feb 5 Exploratory 4 begins
- Feb 16 Teacher Professional Day - no school
- Feb 19 Family Day - no school

BASKETBALL PRACTICES

Monday, Jan 15

Gr 7 girls 7:30 - 8:45 am
Gr 8 girls 3:30 - 5:00 pm

Tuesday, Jan 16

Gr 7 boys 3:30 - 5:00 pm

Wednesday, Jan 17

Gr 8 girls 7:30 - 8:45 am
Gr 8 boys 3:30 - 5:00 pm

Thursday, Jan 18

Gr 7 boys 7:30 - 8:45 am

Friday, Jan 19

Gr 8 boys 7:15 - 8:45 am
Gr 7 girls 3:30 - 5:00 pm



CMS Spirit Wear for sale!

We have a limited number of CMS hoodies and t-shirts available. We will be selling them in the Welcome Centre on Fridays. Cash only.

Hoodies \$40

Community coloured t-shirts \$10

CMS t-shirts \$15

Grade 6 basketball will begin in February

BASKETBALL GAMES

Monday, Jan 15

Gr 8 boys IMMAC @ CMS2 5:30 - 7:00 pm
Gr 8 boys GMS @ CMS1 7:00 - 8:30 pm
Gr 8 boys CMS3 @ Aberdeen Hall 5:30 - 7 pm

Thursday, Jan 18

Gr 8 girls CMS vs KLO @ HMS 5:30 - 7:00 pm

We are happy to share that CMS donated 797 lbs of food to the **Central Okanagan Food Bank** in December!. The associated food value of this donation was \$2,805.44! Thank you to the Canyon Falls Community!

Students interested in competing in the Perennial Math contest, please meet in room 202 on Tuesday, January 16th at the beginning of lunch!

Canyon Cup is here. Next Friday January 19 is our first spirit day. Wear any phoenix wear or Canyon Falls wear to earn points for your community. There will be snow challenges taking place on the upper field at lunch. Please dress appropriately.

Best of luck to all the communities during this fun filled Canyon Cup Season!

CMS would appreciate any donations of unneeded magazines for projects in the art studio!

Our International Department has some families new to Canada in need of winter clothing. If you have any gently used winter coats or snow pants for both adults and children as well as any boots (size EU 38/39) that could be donated please bring these donations to the Welcome Centre. Thank you!

The CMS Outdoor Ed department is looking for gently used snowshoes to add to our gear cache. Do you have a pair that is not being used? Please consider donating them to the school, to be used by students! Any snowshoes can be dropped off at the Welcome Centre.



Messages from PAC

January PAC Meeting is coming up on Wednesday January 17 at 6:30 pm in the Bald Eagle Community. Everyone is Welcome!

Hot Lunch Volunteers

Our Hot Lunch Squad is in need of reinforcements for Term 2! Why should you sign up, you ask? Well, aside from earning the prestigious title of "Hot Lunch Volunteer Superhero," you'll also get exclusive access to the secret realm of the servery and illustrious bragging right of being instrumental in keeping our program alive!

Sign up at <https://www.signupgenius.com/go/10C0F48A9AD28AAF9C34-46854495-cmshot#/>

Hot Lunch Orders

If you missed the first few weeks of January Hot Lunch order, not to worry, you can still get an order in for the rest of the month. Go to www.cmspac.ca and place your order today.

A LOOK AT *Learning*

Deer Community



Deer students have been learning about ratios as comparisons and as problem-solving tools. Here they are playing an Indigenous counting game that depends on ratios for scoring.



To showcase their learning of using maps as sources of information, students collaborated on an orienteering activity that involved creating a set of directions with a compass.



In Science, students were learning about following the scientific method to test a single independent variable by creating then changing a paper rocket.



Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: January 15, 2024

Time: 6:00 pm

Topic: Transition to Adulthood

Location: Zoom: <https://sd23.zoom.us/j/8569391842>

Future Events:

May 13, 2024: "Individual Education Plans"



BLACK EXCELLENCE DAY

**BLACK
EXCELLENCE
DAY**

**CELEBRATING JOY, LOVE &
JUSTICE**

15 JAN

1030-1200

**VIRTUAL EVENT
GRADES 5-12
SPECIAL GUEST SPEAKERS
SEE YOUR SCHOOL ADMIN FOR
ACCESS TO THE LINK!**

LEARN TO PLAY LACROSSE!

GET OUT, GET ACTIVE, AND HAVE FUN
WITH US.

FREE

When: January 17, 2024 6:15PM - 7:45PM
Where: MNP Place (formerly Capital News Center)

Bring a helmet, gloves,
sport jock & stick.

Limited equipment
(helmet, gloves & stick)
available to use on a
first come, first serve
basis.

Open to players born
2019 - 2008





2024 Winter Program

EcoCooks Club is an afterschool program consisting of 8 fun-filled workshops. Youth (grades 4-7) are immersed in this science-based environmental cooking program which creates a strong foundation to develop lifelong healthy and planet-positive eating habits.



Tuesdays | January 23rd– March 12th or
Wednesdays | January 24th – March 13th

Time | 4:15pm to 6:30pm

Location | Salvation Army Sutherland Church, Kelowna

Cost | Free

To register, please visit:

<https://www.ecocooks.org/registration-kelowna>

For more information, please contact:

Bonny at bdemelo@uncf.ca