



CANYON FALLS

MIDDLE SCHOOL

1211 Frost Rd, Kelowna, BC V1W 5M1 250 870-5123

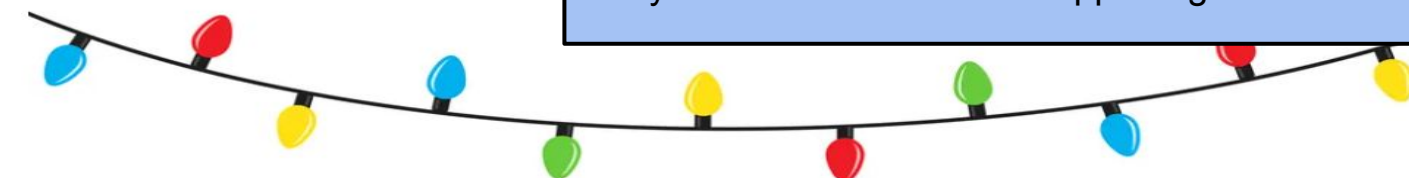
Week at a Glance: December 18 - 22, 2023

Monday – Dec 18	- Beginning Band - 8:00 - 8:50 am - Power Hour (Learning Commons) - 8:15 - 8:50 am - CMS Diversity Club in Dragonfly community (room 304) at lunch
Tuesday – Dec 19	- Intermediate Band - 8:00 - 8:50 am Hot Lunch (Jugo Juice) - Power Hour (Learning Commons) - 3:20 - 4:00 pm - Kitchen Brigades 4:00 - 6:00 pm
Wednesday – Dec 20	
Thursday – Dec 21	- Beginning Band - 8:00 - 8:50 am Hot Lunch (Fat Burger) Term 1 Report Cards go home
Friday – Dec 22	- Intermediate Band - 8:00 - 8:50 am HOLIDAY PANCAKE BREAKFAST Band fundraiser Pizza Day

Upcoming Dates

Dec 23 - Jan 7 Winter Break
Monday, Jan 8 School in session

Congratulations to Mr. Ellis, who has been hired as a Vice Principal by School District 23! While he is waiting to be placed in a school at a later date we're lucky to have him still work supporting kids at CMS.



Power Hour will be cancelled the week of Jan 8 - 12th but will start up on Jan 15th!

BASKETBALL Dec 18 - 22 PRACTICES

Monday, Dec 18

Gr 7 girls 7:30 - 8:45 am
Gr 8 girls 3:30 - 5:00 pm

Wednesday, Dec 20

Gr 8 girls 7:30 - 8:45 am
Gr 8 boys 3:15 - 4:30 pm

Friday, Dec 22

Gr 8 boys 7:15 - 8:45 am



BASKETBALL Dec 18 - 22 GAMES

Monday, Dec 18

Gr 8 boys KLO1 @ CMS1 5:30 - 7:00 pm
Gr 8 boys KLO2 @ CMS2 7:00 - 8:30 pm
Gr 8 boys CMS3 @ HMS1 7:00 - 8:30 pm

Thursday, Dec 21

Gr 8 girls CMS vs RMS @ HMS 5:30 - 7:00 pm

Volunteers needed for the Holiday Pancake Breakfast!

We are looking for some parent volunteers and loaner equipment for our annual holiday pancake breakfast we are having for the students on Friday December 22. We are looking for plug in griddles to borrow, if you are able to loan these to us please send with both the cord and griddle labelled. These can be dropped off at the office by Thursday December 21. We are looking for 10 parent volunteers to come help cook with the teachers from 7 - 9 as well as 6 parents to help clean up in the foods room from 8:30 - 9:30.

See sign up link below <https://www.signupgenius.com/go/10C0F48A9AD28AAF9C34-46722463-2023#/>

CMS Spirit Wear

If you placed an order for CMS Spirit Wear the charges have been added to School Cash Online for payment. <https://centralokanagan.schoolcashonline.com/> Once your orders have been paid they will be delivered to students unless you request otherwise. If you have any questions regarding the charges please contact sandra.cuerrier@sd23.bc.ca.

Reminder HOLIDAY FOOD DRIVE!

Collection Bins found in each community and outside the office. Thanks in advance for supporting our school's holiday food drive!

Con Brio Whistler Music Festival Fundraising – PIZZA DAYS!

Hey band friends! Are you ready to rock out at the Con Brio Whistler Music Festival? We sure are!

To get our groove on in Whistler, we need to raise some funds for this epic adventure. So let's jump into action with 3 pizza fundraisers!

Mark your calendars:

Friday, December 1

Friday, December 8

Friday, December 15



Be an awesome band buddy and order some tasty pies through the CMS PAC website at www.cmspac.ca under December 2023. Yum! 🍕 All of the funds raised will be going directly to the costs involved with the trip.

Let's get our jam on and make this Whistler trip happen! This is going to be Music to our ears!

GREAT NEWS! HOT LUNCH ORDERING NOW LIVE FOR TERM 2

We're excited to announce our new vendor, Poppadoms, will be providing delicious Indian cuisine. We also have three Pizza Day fundraisers this term to raise dough for the intermediate band trip.

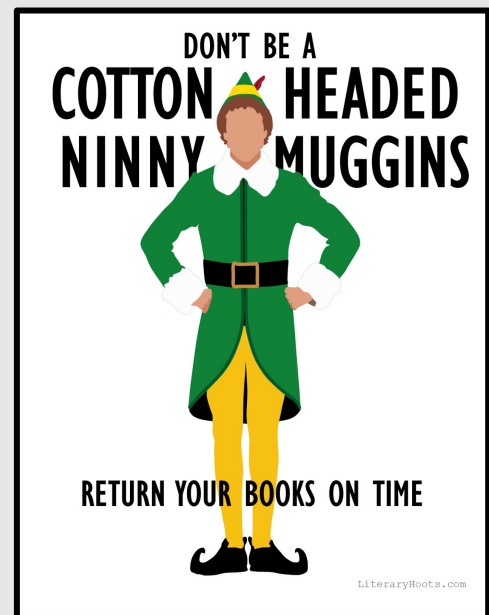
One important note - each hot lunch day has its own order deadline, and the first deadline is coming right up on December 31st. So make sure to get those orders in ASAP to secure hot lunch for the first week back after Winter Break!

Order at www.cmspac.ca

To make this program possible we need volunteers. Sign up for Term 2 Hot Lunch at <https://www.signupgenius.com/go/10C0F48A9AD28AAF9C34-46854495-cmshot#/>

Santa is checking his list and so are we at the Library in the Sky!

Save your Library elves from sad dismay, return or renew your books today!



A LOOK AT LEARNING

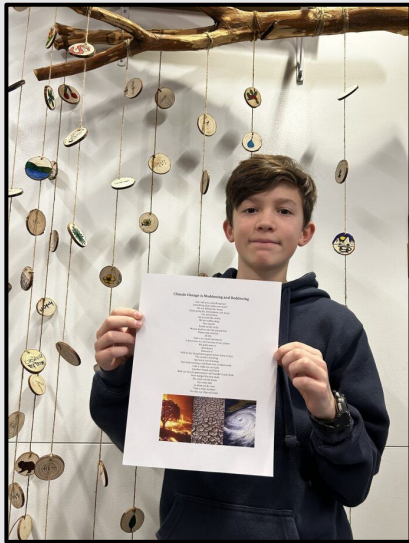


BAND CONCERT

We just wanted to give a quick shout out to the Beginner and Intermediate Bands who put on an outstanding performance on Tuesday night. Well done and congratulations to Mr. Bach and band students!

A LOOK AT LEARNING continued.....

Students in Dragonfly have been exploring the power of language and expression through their poetry unit. They have been developing their skills around using poetic devices such as enjambment, figurative language, tone and theme to write free verse poems connected to a variety of important issues.



Calin Frigon

Climate Change is Maddening and Baddening

Can I tell you something bad
Something that makes me mad?
We are killing Our home
Destroying the atmosphere ,the dome
Our protection
All around the world
We are suffocating
Our hearth
Death to the earth
Means death to the the people the
Plants and animals
All life
Bad is an understatement
A forest fire is a microcosm of our planet
We gotta own it
And stop it
Because it
Will be the thing future generations have to face
The world is burning
And were not learning
And only earning a medium rare cooked earth
Like a stake we can take
Another break and think
Well our future generations will handle it and dink
Your margaritas you stink
No, were on the brink
Our only link
Is what we do now
That's what matters
Or else our ship will sink



Congratulations to drama students and to Ms. Gratz for an incredible production of **RUDOLPH THE RED-NOSED REINDEER!** There is so much talent at CMS! Thank you to Ms. Gratz, Ms. Henderson, and Ms. Dewolff for all of her hard work supporting students.





2024 Winter Program

EcoCooks Club is an afterschool program consisting of 8 fun-filled workshops. Youth (grades 4-7) are immersed in this science-based environmental cooking program which creates a strong foundation to develop lifelong healthy and planet-positive eating habits.



Tuesdays | January 23rd– March 12th or
Wednesdays | January 24th – March 13th

Time | 4:15pm to 6:30pm

Location | Salvation Army Sutherland Church, Kelowna

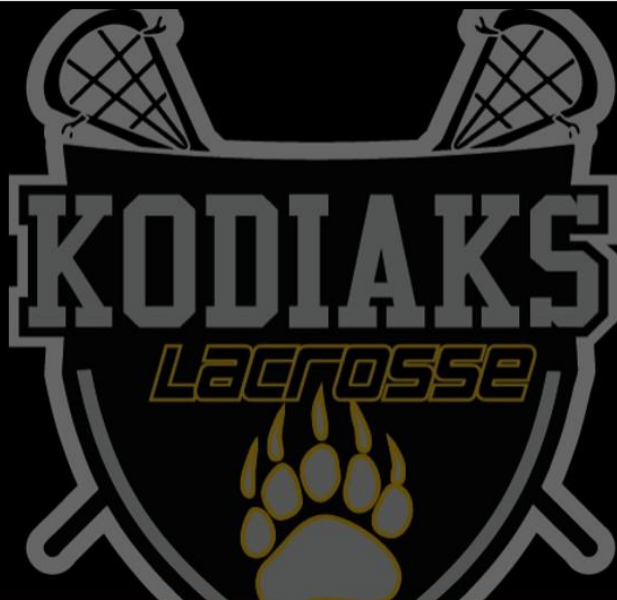
Cost | Free

To register, please visit:

<https://www.ecocooks.org/registration-kelowna>

For more information, please contact:

Bonny at bdemelo@uncf.ca



Kelowna Minor Lacrosse Association FREE Learn to Play BOX LACROSSE

December 20, 2023, January 17, 2024, and February 21, 2024

At Capital News Centre 6:15PM-7:45PM

Bring a helmet, gloves, sport jock, & stick. Limited equipment (helmet, gloves, & stick) available to use on a first come first serve basis.

Open to boys and girls born 2019 –2008

Save time and complete the waiver online -->

